

# SOUTHERN CROSS

October 2005  
Edition 15

Newsletter of Toastmasters International, District 73  
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## Reward for Reaching the Top

An invitation is extended to attend a celebration of the achievements of all who received the Distinguished Toastmaster Award from 1 July 2004 to 31 October 2005.

Guest Speaker for the evening will be Peter Ward, who is a partner with Galbally and O'Brien and is a well known criminal lawyer in Melbourne. Peter also takes a very active role in many community organisations.

Celebrate the achievements of the District's most recent Distinguished Toastmasters on **Saturday 3 December 2005**. Find out what it takes to achieve the top award in Toastmasters International.

A vital part of success in the Toastmasters club program is recognising achievement at all levels. This is the fundamental source of motivation in a volunteer organisation such as Toastmasters.

The Toastmasters program of recognition acknowledges achievement and dedication to the goals of communication and leadership.

The Distinguished Toastmaster (DTM) Award is the highest award available to individuals by Toastmasters International. It is awarded to people who have

completed both sides of the Toastmasters program, the Communication (CTMs, ATMs) and Leadership (CLs and ALs) paths.

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A special brochure and invitation is available from Bernard and he will be pleased to provide more details.

The cost is \$37.



Annabel Price and Janet Leitch, recent recipients of Distinguished Toastmaster awards.

### Inside this issue:

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### Special points of interest:

- Inaugural Dinner to celebrate DTMs
- New Awards coming July 2006
- Toastmaster Success with ALW
- District Council Meeting
- Awards and recognition
- District Convention

# Adult Learners Week - an Outstanding Success

By now our first Toastmaster campaign in Adult Learners Week (ALW) is all but over. What started as a 'good idea' in 2004 had well and truly turned into a national 2005 Toastmaster initiative. The final debrief is yet to occur, however I can report the peak body that supports ALW, Adult Learning Australia, were very pleased with our involvement. Nationally, Toastmasters represented about 8 per cent of their event scheduling which certainly stamps Toastmasters as a Major Partner!

District 73 is represented on the ALW Steering Committee and both Chris and I were invited to the ALW dinner launch where, representing Toastmasters, we shared the head table with Alan Tuckett, Director of the UK National Institute of Continuing Learning, Patrick White of the Training and Skills Commission, and Brian Cunningham, CEO Dept of Further Education, Employment, Science & Technology and Peter Murphy (ALW). This truly places Toastmasters on the lips of organisations who hold the same educational objectives as we do.

Districts 69, 70 and 73 embraced this first time campaign with energy. The standout success was District 70's PRO, Ian Chick, who had over 48 Toastmaster events and functions scheduled in NSW. Central Division

Governor, Sharon Ferrier, earns a mention – receiving \$2,250 in grants which were used to promote and excite



South Australian Clubs to 12 events, including three public workshops which were all well attended. Peter Murphy counted the 'hit rate' on their website in the tens of thousands! Free national and local promotion, grants, Club & community involvement and .... new members – as Sharon reflected "With the knowledge we have picked up we are already preparing for 2006 – we would be crazy not to!"

*Andris Bilkens DTM, District Governor*



From Left: Peter Murphy, Alan Tuckett, Brian Cunningham

## Memberships Renewals - On Time Again

Thank you to all Division and Area Governors who passed on to their clubs the importance of having membership renewals into Toastmasters International on time.

There are currently some clubs that are finding it hard to keep their membership at charter strength. Retaining and then building membership is the essence of our success.

Other articles in this newsletter show the wonderful achievement of people who have been encouraged and helped by members on their way to not only the DTMs culminating in a celebratory dinner, and others who have reached milestones of CTM, ATM, CL and AL.

There is a plethora of material from TMI on Membership building.

*Jacqueline Gullick DTM Lt Gov Marketing*

### District Convention

Looking for Toastmaster energy?

Then start thinking of, and planning to attend the Annual District 73 Convention at Launceston in Tasmania, **19-21 May 2006**. This country club and resort is the destination for you!

**Convention Chairman: Damian Chong**  
email: [convention@d73.toastmasters.org.au](mailto:convention@d73.toastmasters.org.au)



Have an online browse of this resort at  
<http://www.countryclubcasino.com.au/>

## Early and Late for Education and Training

Well, August and September have been busy months with training in Toronto, the International Convention and a range of District goals to meet - such as submitting our Success Plan, Budget and Officer Training results to TMI. We also had our District Executive meeting in September, held in Adelaide, and video-linked to officers in Melbourne and Perth.

### International Convention in Toronto

It was my first convention and it was certainly an experience. Andris, Jacqui and I took part in two days of training along with District Executives from Districts Not Assigned to Regions (DNAR), which is basically every District outside the USA.

There were representatives from South Africa, England, New Zealand, Singapore, Japan, Malaysia, Saudi Arabia, Ireland and Mexico. It was fascinating to listen to how other Districts were run – particularly the District which covers the whole of continental Europe and has clubs

speaking over 20 different languages!

The convention means activity from (very) early morning until late into the night and highlights were the workshop by International Champion, Randy Harvey, the inter-district speech contest, which involved a marriage proposal (not to me) and catching up with Past International President, Gavin Blakey, who must have a photographic memory because he remembered so many District 73 members from his trip to Perth.

Melbourne on 25 June, Adelaide on 26 June, and Perth on 16 July. In order to qualify for the Distinguished District program, we needed to have 85 per cent of these officers trained, and I am happy to say we made it!

We trained five of the six Division Governors and 25 of the 29 Area Governors (which makes 30 out of 35 which equals 85.7 per cent for the mathematicians among you).

There are a range of other things I need to tell you, but I have included them as

**“The convention means activity from (very) early morning until late into the night”.**

### District Officer Training

Although Club Officer Training is the big ‘event’ of July, many of us were busy running District Officer Training for the Division and Area Governors. As reported in the July *Southern Cross*, I met many of you as I tripped around the District conducting training in

separate reports in this issue of *Southern Cross*.

Feel free to contact me if you have any questions or comments on any of them at [lisa.cluett@uwa.edu.au](mailto:lisa.cluett@uwa.edu.au)

*Lisa Cluett DTM Lt Gov Education and Training*

## News from the International Convention

Most members are familiar with terms like CTM and ATM just like we are comfortable with other Toastmaster jargon like VPE and Table Topics. However – there is change afoot! In order to make our awards more understandable by the public, our award names are changing!!



**6 July 2006**

At the International Convention in Toronto the Marketing and Education Committee reported that the Toastmaster Awards will be renamed from July 2006 as follows:

- \* **Competent Toastmaster (CTM) will become Competent Communicator (CC)**
- \* **Advanced Toastmaster (ATM) will become Advanced Communicator (ACB, ACS, ACG)**
- \* **Competent Leader (CL) will become Advanced Leader Bronze (ALB)**
- \* **Advanced Leader (AL) will become Advanced Leader Silver (ALS)**

Distinguished Toastmaster (DTM) will remain the same and will combine the Advanced Communicator Gold (ACG) award and the Advanced Leader Silver (ALS)

Clubs do not need to do anything yet. These changes will be phased in and the structure of the awards (number of speeches, types of manuals, etc.) will remain the same. A grace period of a year will be given, during which members will be able to apply for either the old or the new award names.

*Lisa Cluett DTM Lt Gov Education and Training*

# Club Officer Training – a bumper crop!

An amazing **13** different sessions of Club Officer Training were conducted in the District during July and August. The following list of clubs had four or more officers trained (those marked with a \*\* managed to have all 7 officers trained!). This is HALF of the DCP goal for training, so look out for the February/March sessions next year to complete this goal.

## Central Division

Adelaide  
Champion  
Speakers On The Terrace  
North Adelaide  
Northern Stars  
Tea Tree Gully  
Southern Cross  
Spirit Of Endeavour  
ProSpeak  
Raconteurs  
Quintessence

## Eastern Division

Knox  
Ringwood  
Dandenong Ranges  
Lilydale  
Rowville  
Whitehorse  
Nine-90  
Box Hill  
Doncaster  
HP Shakers 'n' Breakers Breakfast  
Kew  
Hawthorn\*\*  
Gourmet  
Alfred  
Diamond Valley  
Northern Exposure

## Metro Division

Kingston  
The Gavellers

Business Talk  
National Australia Bank  
City Centre  
ANZ Talk Of The Town  
PostMasters\*\*  
Talking Blue  
BHP Billiton\*\*  
GHD

## Northern Division

North Melbourne  
Ford Australia  
Footscray Skyline  
Werribee  
Williamstown\*\*  
Brimbank  
Macedon Ranges  
Shepparton  
Bendigo  
Geelong\*\*  
Ballarat  
Technology Park\*\*

## Southern Division

Frankston  
Bayside  
Mentone\*\*  
Silver Service  
Chesterville Chatterers  
Moorabbin Saints  
Kingston Communicators  
The Oaks  
Glen Waverley  
Dandenong

Valewood  
Berwick  
Toast of the Country  
Balaclava  
DSTO Melbourne  
Maccabi

## Western Division

Talkabout  
Sandgroper  
Stirling  
Northern Lights  
Justtalk  
St. George's  
Durack  
Terrace  
Banyandah  
PowerTalk  
Morning Star  
Foothills  
City Of Perth  
Exchequer  
Rising Stars  
Subiaco Early Birds  
AIAWA  
Gateway  
Victoria Quay\*\*  
Western Founders  
Trackside  
Southsiders  
Curtin GSB  
Mandjar

Thanks to all the Division Governors and their teams for making this such a success, particularly to those who helped service our more geographically remote clubs (some officers drove more than 300km to conduct training). And well done to these 26 clubs who are already on their way to a DCP goal!

*Lisa Cluett DTM Lt Gov Education and Training*

**“... some officers drove more than 300km to conduct training”.**

### THE 10 POINT PLAN FOR VISITORS

1. Stand at the door to meet visitors and greet club members.
2. Have visitors sign a Guest's Book clearly and with full contact details.
3. Introduce visitors to everyone.
4. Sit visitors next to an experienced member.
5. Explain everything.
6. Use no jargon.
7. Offer a promotional package, without overwhelming them.
8. Ask if they would like to join or come back.
9. Give a courtesy phone call prior to the next meeting, and for any special event.
10. Send a letter inviting them back.

# New to Toastmasters

Club	Name	Club	Name	Club	Name
AIAWA	Fiona Arisen	Gateway	Lisa Alvares	Northern Stars	Barbara Rone-Clarke
Balaclava	Samantha Irvine	Gateway	Michael Allen	Shepparton	Daryl Sidebottom
BHP Billiton	Teresa Mina	Gateway	Peter Tinsley	South Melbourne	Karen Parkes
Brimbank	Brendan Houlihan	GHD	Chris J Weale	Southsiders	Leon Gay
Burwood Unity	Graham Manley	Kew	Ellen Shen	Speakers on the Terrace	Yoon Kyung Kim
Carrington Central	Kah-Seong Loke	Kew	Francis Jeon-Ellis	Synergy	Gail Fitzpatrick
City Centre	Julian Jarman	Macedon Ranges	Jason A Bito	Tea Tree Gully	Richard Lorenzo
City of Perth	Marina Callander	Macedon Ranges	Graeme Wombwell	Tea Tree Gully	Ryan Yeates
City of Perth	Nicolas Spadaccini	Mandjar	Tina E. Berry	Tea Tree Gully	Michael Bolt
City of Perth	Natalija Brunovs	Mandjar	Tracy Rowley	Tea Tree Gully	Adam Neagle
Curtin BSG	Jason Bull	Melbourne	Laura James	Technospeakers	Carmel M Warren
Diamond Valley	Patricia McCarthy-Henry	National Australia Bank	Farah Tallaeian	Trackside	Cameron Aitken
DSTO Melbourne	Sivakumaran Nalliah	Nine-90	Saratha Aravinthan	Valewood	Zelma Phillips
Frankston	Juanita Spinelli	Nine-90	Harjit S Sandhu	West End	Ingrid Johnson
Frankston	Peter A Mason	Northern Exposure	Paul Mills	Williamstown	Thai Cao
Frankston	Max Freston	Northern Exposure	Vincent Carlin	Yarra Valley	Suzanne H Davis
		Northern Lights	Allison J Waldock	Yarra Valley	Katrina L Maes

Judy Murphy DTM, New Membership Coordinator

It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs and comes short again and again, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause; who at best, knows the triumph of high achievement; and who, at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat.

Theodore Roosevelt, *speech titled "Citizen in a Republic" delivered at the Sorbonne, Paris, April 23, 1910*

## Speech Preparation - Some History

The question has been asked "can people learn to speak well?" According to one magazine article<sup>1</sup> this controversial question has been the subject of debate for nearly 2500 years. (Make it 2530 years now - see footnote). The article says that the answer to the question is *without doubt, YES*. It states that the first treatise on the subject, of which we have record, is by a Sicilian called Corax in about 535 BC. Furthermore it continues by saying,

*The Greeks had many schools of speaking. Speaking instruction formed a large part of Greek education. The article continues Isocrates, a very successful teacher and also a controversial one wrote, "... we know that men who are less generously endowed by nature but excel in experience and practice, not only improve upon themselves, but surpass others who, though more gifted, have been too negligent of their talents."*

The Romans, the article says were also impressed with *Effective Speaking* programs and had them as part of their educational systems.

The article is entitled *Public Speaking is Easy* and is accompanied by a photograph of former PM, Bob Hawke with a caption reading *To some people public speaking comes naturally. What do you think?*

Compiled by Phil White ATM (B) CL

1. *Modern Office & Data Management* Nov 75.

# Educational Achievements - Congratulations

The goals for CTMs and ATMs extend from Clubs through Areas and Division to District. In 2005-06, District 73 is aiming to achieve 198 CTMs and 57 ATMs. In the 3 months since the Toastmaster Year started, we have made great progress and the following members have registered their awards:

**District 73 is aiming to achieve 198 CTMs and 57 ATMs**

<b>Competent Toastmaster</b>				<b>Competent Leader</b>	
John Ackland	Yarra Valley	Jeffrey Smith	Northbridge	Simon T Yaksich	Moorabbin Saints
Michael N Nugent	Bayside	Kim J Oldfield	Boroondara	Darren L McClelland	Moonee Talks
Leon A.Harris	Bayside	Jan B Gebraad	Tea Tree Gully	Fiona J Martyn	Northbridge
Melinda L Pecher	Whitehorse	Vivienne Triplett	Northern Exposure	Christopher D Waterhouse	Kingston
Zaman M Nuruz	PowerTalk	Rahni Elizabeth Ennor	Northern Exposure	<b>Advanced Toastmaster – Silver</b>	
Brian R Wright	Melbourne	Pia N Brous	Maccabi	Elisabeth M Edwards	Nine Ninety
Nerida Richard	East Gippsland	Wendy O'Hagan	More Than Words	Peter John McDonnell	Stirling
Terry Laybourne	East Gippsland	Sharon J Ferrier	Speakers Corner	Helen H Allely	Lilydale
Darren Matthews	Geelong	Alex Rouse	Brimbank	Penelope M Barrington	Lilydale
Greg Kessell	Gateway	Margaret Evans	Speak Easy	<b>Advanced Leader</b>	
David Fox	Gateway	Keryn Reynolds	HP Shakers 'n' Breakers Breakfast	Graham Manley	Knox
Selwyn Ward	Victoria Quay	<b>Advanced Toastmaster – Bronze</b>		Nicola J Bristow	Silver Service
Ina Kristiana	Victoria Quay	Gregory Elliott	Trackside	Deb Clack	PowerTalk
Ben D Bigelow	Nillumbik	Deb Clack	PowerTalk	Annabel Price	Raconteurs
Libe Hg Chacos	Hobart	Brian Rice	Macedon Ranges	<b>Advanced Toastmaster – Gold</b>	
Matthew L Burch	Hobart	Dennis R Curyer	Lilydale	Charmaine Reece	Silver Service
Michael L Turner	DSTO Melbourne	Sophy Gotsis	Gateway	Graeme Stevens	Glen Waverley
Rejane A Botha	St George's	Colin Hughes	Victoria Quay	Gil Alexander	Durack
Tom Schnepple	Durack	Michaela Kassar	Victoria Quay	Barry McCready	Werribee
Nick I Mollison	Cranbourne	Alan F Smith	Victoria Quay	<b>Distinguished Toastmaster</b>	
Simon T Yaksich	Moorabbin Saints	Andrew R Monaghan	Business Talk	Graeme Stevens	Glen Waverley
Alexander R Kelly	North Melbourne	Peter Oakley	Southern Cross	Barry McCready	Werribee
Ameer Ali Pichan	Foothills	Geoff Fulford	Mandjar	Vivienne Triplett	Northern Exposure
Frances D Keary	South Melbourne	Sarah L Duxbury	Central Communicators	Annabel Price	Raconteurs
Michelle B Fisher	Williamstown	Ivy Bosch	Central Communicators		
Tony Caravella	Northbridge	Jason A Fewings	Central Communicators		

For those interested in a Division by Division breakdown of awards registered, this table shows our progress so far:

Award	Central	Eastern	Metro	N'thern	S'thern	Western	TOTAL	District
<b>CTM</b>	3	6	2	5	11	10	<b>37</b>	<b>198</b>
<b>ATM</b>	1	5	1	2	2	12	<b>23</b>	<b>57</b>
<b>CL</b>	-	-	1	2	1	1	<b>5</b>	-
<b>AL</b>	1	1	-	-	1	1	<b>4</b>	-
<b>DTM</b>	1	1	-	1	1	-	<b>4</b>	-
<b>TOTAL</b>	<b>6</b>	<b>13</b>	<b>4</b>	<b>9</b>	<b>17</b>	<b>24</b>	<b>73</b>	

*Lisa Cluett DTM Lt Gov Education and Training*



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## Newsletter of Toastmasters International District 73

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The views expressed in *Southern Cross* are not necessarily those of the Editor, the District Executive, District 73 or Toastmasters International.

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## Notice of District Council Meeting

The Semi Annual District 73 Council Meeting will be convened on 12 November 2005, 3.30 p.m. at:

### The Palms

Corner of Nicholson & Rokeby Rds  
Subiaco W.A.

The meeting will include educational workshops and opportunities for fellowship starting at 1 p.m. and finishing 5 p.m.

To find the program, Agenda, previous minutes, Motions on Notice and Reports, visit the Members Information link on the District 73 Website [www.d73.toastmasters.org.au](http://www.d73.toastmasters.org.au)

*Nick Nash District 73 Secretary*

## Contributions

Contributions for *Southern Cross* can be made by e-mailing them to the editor.

Contributions should be received by the last day of the month before publication.

### Next Edition

November 2005 – Edition 16

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## The Value of Workshops

### Workshops! Workshops! Workshops!

We hear it said so many times in Toastmasters. What is a workshop? It is a tin shed full of grease and tools and things?

### YES!

That is exactly what it is. Workshops allow us to “fix” our knowledge base and “grease” those skills we learn in our initial time in Toastmasters club meetings. We fine tune our skills through the intense interaction and learning we gain at workshops. Undoubtedly the knowledge we gain in a workshop will eventually be gained at club meetings by watching and participating in different roles. This could take years though.

Imagine ten minutes on a subject every third meeting. This amounts to two years to receive the same educational material provided by two hours of workshops, that is if you attend every meeting in two years.

The workshop will give you the opportunity to learn skills or revisit old skills in an environment with people who are also interested in the subject.

You then take your newly learned or revisited skills back to the club and

practice them. As the skills become more familiar you have now added something new to your communications arsenal ready to enhance your communication skills outside of Toastmasters.

A workshop is education and education allows you to make more informed decisions on the direction you take in all environments.

### BUT WAIT THERE'S MORE

Someone has to run the workshop. Why not you with your new found skills? Toastmasters provide a challenging venue to run workshops. You can start at the club and then challenge yourself with Speechcraft, Youth Leadership and

**“We fine tune our skills through the intense interaction and learning we gain at workshops”.**

Division training. These platforms are tremendous windows of opportunity to develop this area of your communication skills.

Workshops are a powerful medium to both learn and improve your own presentation skills.

Don't ignore the opportunity.

*Richard Manuel, former Toastmaster*