

SOUTHERN CROSS

*Your monthly newsletter from
Toastmasters International
District 73*

Toastmasters International, District 73 – Incorporating clubs in South Australia, Tasmania, Victoria and Western Australia
ABN: 58 230 042 715

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District 73 "Distinguished District Again!"

Congratulations to all members of District 73 who worked so hard and so long to enable us to become a "Distinguished District", it is wonderful to be recognized as a force to be reckoned with as we start a new Toastmaster year.

Thanks must go especially to all the dedicated people who put up their hands to take on a District role as either a co-ordinator or a Governor.



District 73 continues to thrive, and it is because of the enthusiasm of you, each and every member in each and every club in this biggest geographical District in the world. I will publish the Distinguished Clubs, Areas and Divisions in the next edition of Southern Cross when we have the final results.

Congratulations to Geoff Morrissey DTM PDG, Toastmaster of the Year, for his super effort and exceptional work in holding three portfolios. Geoff, as I understand it, undertook website training at his own expense last year.

Jacqueline Gullick DTM, was voted District Officer of the Year. Jacqui took on many extra activities over and above her role as Public Relations Officer last year as many of you will know.

Division Governor of the Year went to Central Division Governor, Peter Keogh DTM who assisted the District Management Committee in various ways as well as running his own Division with distinction. The incoming Eastern Division Governor, Bernard Marmion ATMB was our outstanding Area Governor of the Year. Bernard also put in an exceptional amount of work.

Dick Briggs DTM PDG was recognised for his work with District 73, as was Ian Penney DTM for his long association and hard work with in many District roles. A new award was given this year to our "Rookie of the Year" Jacinta D' Souza who with the help of Bruce Hill DTM and Andrew Monaghan, managed as a new Toastmaster to create 5 new clubs! New clubs were also started by Tom Carpenter, Dick Briggs, Piloo Billimoria, Amanda Symonds, Susan Morrison, Chris Noble, and from our newest club Southern Lights, Greg Williamson. Congratulations and many thanks to you all.

To those who were not formerly recognized, thank you for your tireless work, it did not go unnoticed and I am proud to have worked with you all.

Good luck to the incoming District Team of new Co-ordinators and Governors for taking that Leadership step, I know you will have an exciting and fulfilling year.

Marlene Sinclair DTM
Immediate Past District Governor

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Final LGET Report from Les

Another Toastmaster year has finished and let me say at the outset it has been a privilege to have served you the members as LGET; and I know I hand over the reins to a very capable person in Lisa Cluett DTM. I'm sure you will give her the support that you have given me.

As you are no doubt aware we have finished as a Distinguished District – we are ranked number 28. Which from memory is 6 better than last year, so well done everyone for an outstanding effort.



I am very disappointed that I could not stand as your District Governor this year due to work pressures – I will be away quite a bit overseas setting up my business in the United States. However I, to quote Arnold Schwarzenegger, I will be back.

Taking on a leadership role in a voluntary organization is a challenge that has a huge amount of benefits if you learn from the experience. What have I learnt? Well let me share a few with you. One of the most important things I've learnt is that time is a very important commodity and that you cannot double it by wearing two watches; so you have to be very careful and respectful to it. Everybody else is also in the same position, so time has to be used wisely and effectively.

As a leader you are given a manual wherever it is a club officer or district officer there is an instruction manual. The purpose of this manual is not to fill a gap on your bookshelf but to assist you in a more efficient way of completing the role you have volunteered to do this year for Toastmasters. Last night I had to go out and there was a show I really wanted to watch on TV. Unfortunately my usual trick of pressing the record button on long play was not going to work (could be called winging it). After nearly an hour of trying to get the VCR to record (I'm convinced if you're a male the older you get the harder it is to get these machines to do what you want) I decided to look in the manual (it took me another 20 minutes to find it (lesson number 2 keep your leadership manual handy). Once I read the instruction I had it set-up in no time. So remember if you know your manual you do your role more effectively and you will take less time to do it and have more time for yourself. The most important thing I've learnt as a leader in Toastmasters is if you are in a leadership role in a

voluntary organization you cannot tell people what to do. You are not their boss! In fact I doubt wherever you are even their leader. I believe you are more their guide; advisor; and assistant to help them get the most out of the Toastmasters experience. The experience as a leader really pushes your Toastmaster skill's to the front especially evaluation.

The third thing I have learnt is if you want to be successful and achieve something in life you must treat others with respect, treat them the way you want to be treated.

Well now my year is officially over. Thankyou once again my dear friends in Toastmasters for making it such an enjoyable and learning experience and I really do look forward to being able to serve you again in the future.

Les Courcha DTM
Lt Governor Education & Training 2004-05

Distinguished District ... We Made It!

Last year District 73 achieved **"Distinguished District"** status. We were hoping to repeat or better that effort this year. And we did!

The figures below show that we exceeded all goals.

Every member should be proud of this year's achievements. Well done!

For June 2005 (27 June figures):

District Targets	Goal	Actual	%
CTM	182	197	108
ATM	52	100	192
PAYMENTS *	5309	5592	105
PAID CLUBS	135	138	102

Key:

- On Track/Achieved
- Slightly behind
- Needs URGENT attention

* Payments made by members (eg. renewals, new members, reinstatements)

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LGET Report July 2005

Well my first tour of the District was a bit of a whirlwind but it was great to see so many Division and Area Governors in Melbourne on the 25th June and to meet the incoming Central Division Officers in Adelaide on the 26th.

Western Division Area Governors are having their training on the 16th July.

Club Officer Training is happening all over the District – coordinated by the very capable team of outgoing and incoming Division Governors. I hope everyone finds these sessions useful and that we can use them as a really good start to the new TM year.



For those of you who weren't at District Training, the role of the Lieutenant Governor of Education and Training (LGET) is to:

- Organise, plan and promote educational activities
- Design and conduct training programs
- Promote the DCP and Club success planning
- Encourage educational achievements

This year I'll be working with the District Management team to promote the educational program amongst our (existing and potential) members. I'll also be giving more members the opportunity to be involved in Speechcraft with the much appreciated assistance of Marilyn Newby in Victoria and Tony Stevens in Central Division. If anyone wants to know more about the TMI educational program or any of the training programs (e.g. Speechcraft) or the Leadership track (e.g. the HPL project) then please contact me: lcluett@admin.uwa.edu.au or (M) 04399 60019.

Lisa Cluett DTM
Lt Governor Education & Training

LGM Report July 2005

As Lt Governor Marketing I see many opportunities to project our Toastmaster Organization further.

This year I will be contacting all Division, Area Governors and Club Executives with regards to Club Building to:

- Promote recognition systems for club extension, membership growth and club achievement.
Provide clubs with the most current, usable performance data as quickly as possible.
- Look for opportunities in your area to build a new club. What about your place of employment?
Support low membership clubs by helping with membership drives. Demonstration Meetings and provision of promotional tools.

Smedley Award

I am sure most of you are aware of the Smedley Award from August 1st – September 30th 2005 when you club can add five new, dual or reinstated members signed up.

Talk up Toastmasters

Talk up Toastmasters! February 1st – March 31st 2006. Consider conducting a special guest meeting where you conduct a regular meeting, but also specifically discuss the benefits Toastmaster members have received as they participate in the program. Sign them up.

Quality Meetings

Have a mixture of speakers at every meeting, some doing the basic C&L manual speeches and some doing the advanced. Every member doing their speeches is well prepared and the speeches delivered meet the speech objectives. Every speech evaluation is inspiring and encouraging. Organize special meeting if more members would like to do speeches.

Semi Annual Renewals

Please remember these are due in September, so start thinking about sending out notices to members. It is important to submit your payment on line early.

Jacqueline Gullick DTM
Lt Governor Marketing

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District 73 had now grown to over 130 clubs only months away from the 80th birthday of Toastmasters International. The District was "on the improve" in the world ranking and in other areas as well.

Part Eleven – Discovering the Magic

Marlene Sinclair (2004/2005)

Marlene Sinclair DTM start as District Governor began on a sad note for her personally when her partner, Mal, passed away on the first day of her term. Although he wasn't a Toastmaster, he was a regular at Toastmaster events.



Even though it was personally very demanding times for Marlene, she also had an exhilarating time with all the people that she worked with over her term of office.

The theme for Marlene's year was "Discover the Magic", and during this year the District did. The District was again a Distinguished District. The main reason for this was the members achieving more than predicted. The District target number of ATM awards was more than doubled (52 was the target – 118 was what was achieved). The target number of CTM awards was reached in the last few days of the year (182 – 226) and the target number of clubs was achieved with 12 clubs chartering during the year (135 – 138).

A big increase in club numbers occurred at the Victorian Government Department of Human Services. Through the efforts of in particular Jacinta D'Sousa and Bruce Hill DTM, five clubs were formed inside the Department. These clubs were The Gavellers, The Babylons, The Wafflers, The Happy Hour and The Dynamos.

This was the first year that there wasn't a Semi-Annual Convention, and also the first year that all four District Contests were held at the Annual Convention held at the Stamford Grand in Glenelg SA. The Table Topics Contest was held on Friday night, Humorous Speech Contest on Saturday morning, the International Speech Contest during the Convention Dinner on Saturday night and the Evaluation Contest on Sunday morning.

One of the highlights of the year was the Toastmasters Demonstration. It was held at BMW Edge at Federation Square in Melbourne during Toastmasters Week. The Demonstration was held over four mini one-hour meetings. This event was all in effort to further publicise Toastmasters in the general community and was organised by Jacqui Gullick DTM (then District Public Relations Officer) and her Public Relations Committee.

Statistics for 2004/2005: 226 CTM, 118 ATM, 10 DTM and 138 clubs (12 new). The new clubs for 2004/2005 were: AIAWA, Infosys Melbourne, Toast of the Country, The Wafflers, GHD, The Gavellers, The Babylons, The Happy Hour, The Dynamos, HP Shakers 'n' Breakers Breakfast, Raconteurs, and Southern Lights.

OTHER ITEMS DEALING WITH THE HISTORY OF THE DISTRICT

Write up your club's history and tell the whole District about it. With the History of the District now finished for the time being, an offer goes out to clubs in the District to write up the history of their club and have it published in the Southern Cross. Please keep the number of words to about 300 words and include a picture or two.

Further information on the history of District 73 required ... Contact Andrew at: southerncrossd73@hotmail.com or ring him on 0411 589 498.

Andrew Breeden
Assistant Editor

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Your Say

"Mobile Phone Contact a Meeting Must"

Recently on the way to a speech contest as a judge I found myself lost ... I needed help but unable to get any...

Sound familiar? By luck I found the location just in time ... I had my mobile but no contact number to call.

My suggestion is for the president or contest chairman mobile no. to be known before a contest and kept on until the start of the contest for any emergency, sickness, accident or advice to a line of communication open.

David Ffrost
Satdy Arvo Communicators - 8874

Do you want to try something new?

Silver Service Advanced Toastmasters Club invites YOU to join other dedicated Toastmasters for dinner at:

**MENTONE HUB INN,
200 NEPEAN HIGHWAY, MENTONE**

3rd Monday of each month at 6:30 for a 7:00pm start

Why not, on the way home from work, call in and join us for a three course meal @ \$25 per head, and participate in our meeting over dinner. The club is designed as a dual memberships club; we encourage Toastmasters to participate in many innovative ideas that you may be able to share with your home club. The plan for this coming year is to invite Toastmasters who are about to complete or have just completed a CTM to come along and join us for a meeting to contribute in our "themed" Agendas which are quite a challenge, present a Speech, a toast (a Silver Service tradition!) or try your skills at our contest length table topics and learn from our regularly rostered "mini educational sessions".

Take the challenge to "Discover Your Silver Lining" as all these speeches are covered regularly at our meetings:

- Toasts and Roasts** (Special Occasion Speeches)
- Educational** (Speaking to Inform)
- After Dinner Speeches** (Entertaining Speaker)
- Conversation** (Interpersonal Communication)

- Promotional** (Public Relations)
- Reading** (Interpretive Reading)
- Stretching the Truth** (Storytelling)
- Fun** (Humorously Speaking)

We also offer our services to other Toastmasters Clubs, by reciprocating and attending your Club meetings to assist with evaluations; offer educational sessions from the Better Speaker or the Successful Club Series. Our willing and able members will assist you in any way we can.



Our Annual Functions (as pictured) are also very popular. We have held a "Hollywood Murder Mystery" and the fabulous, "The Grinch Has Stolen Christmas". This year we have something quite special planned! Stay tuned and watch this space!



If you would like to be on our mailing list for future meetings or would like more information on what Silver Service can offer you, please contact Charmaine Reece charmaine279@optusnet.com.au.

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Are You On The 'Net'?

Free Club WebSpace

Clubs that have an Internet page attract a lot of interest from prospective members. It is relatively easy to have a simple page that contains details of where and when your club meets; special events and how to contact you.

District 73 has over 50 clubs that have free space to host their Internet pages ... your's could be there too! It is as simple as requesting an address (eg. www.lets-talk.toastmasters.org.au) and you will be provided with your address and instructions on how to load your page/s. Your club will also be linked to the District 73 website. The only limitation is that the name has to be no more than 11 characters. So, some clubs shorten their Internet name (eg. Satdy Arvo Communicators is www.satdyarvo.toastmasters.org.au).

Just [click here](#) to arrange for your club to have free hosting. If you do not have someone in your club that can put together a simple page, I might be able to help.

Division WebSpace

New Division Web pages have been created for the Victorian/Tasmanian-based Divisions; and the existing Western Division page has moved to the District server. Their addresses are:

- www.d73eastern.toastmasters.org.au
- www.d73metro.toastmasters.org.au
- www.d73northern.toastmasters.org.au
- www.d73southern.toastmasters.org.au
- www.d73western.toastmasters.org.au

These sites are designed to keep local members updated on events in their Division. At last report by the (then) Central Division Governor, Peter Keogh DTM, the Central Division pages were being updated before moving over to:

www.d73central.toastmasters.org.au.

This will unite all Division websites under a common naming regime that is better for marketing and makes it easier to comply with advice and directions provided by Toastmasters International Headquarters on District Internet publishing.

Geoff Morrissey DTM PDG

ADVERTISE FOR FREE ...

Do you have a Club, Area or Division event to advertise? Why not use Southern Cross to spread the news?

Best of all, it's **FREE, NO CHARGE, GRATIS!**

Club Officer Training

This year, Club Officer Training is being arranged at the Division level.

Eastern Division (Bernard Marmion)

Venue: Whitehorse Centre, Box Hill

Date: 23 July

Contact [Bernard Marmion](#) for more information

Western Division (Betty Hart)

Saturday 23rd July and Thursday 28th July in Floreat

More information will be included in the Stop Press page and Division pages of the District websites. Check www.d73.toastmasters.org.au for more information.

Portable Timing Lights



These attractive, self-contained, 12V timing lights can be yours!

- Without timer - \$50.00
- With built-in timer - \$85.00

Contact: [Tom Carpenter](#) for more information on 0412 540 187.



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Welcome Mat

District 73 welcomes the following new members who have joined in June:

Club	Name	Club	Name
Balaclava	Michelle Brasington	North Adelaide	Angela Kenny
Ballarat	Melville Charles	North Melbourne	Gavin Draper
Ballarat	Marie Charles	Northern Lights	Nicholas Florida
Banyandah	Thu Lang Vo	Northern Stars	Kym Robinson
Banyandah	Hieu Ngo	Northern Stars	Janet Lymburn
BHP Billiton	Stephen Hales	Raconteurs	Amanda Jones
Business Talk	David Markus	Raconteurs	Gregory Quigg
Carrington Central	Nicholas J Mckay	Raconteurs	Mitchell Robertson
Chesterville Chatterers	Ray Ng	Raconteurs	Domenico Carrera
Chesterville Chatterers	Anthony M Clendinen	Raconteurs	Francis Kreuzberger
City of Perth	Christopher Pawle	Raconteurs	Darren Standish
Dandenong Ranges	Peter Keane	Raconteurs	John Atkinson
Dandenong Ranges	David A Lyons	Raconteurs	Michael Stewart
Diamond Valley	Lou Vocale	Rising Stars	Robin Coomber
Doncaster	Seen Rengasamy	RMIT	Anthony Kent
Doncaster	Shiran Tutt	Sandgropers	Jade Ueckermann
Durack	Glen Lewis	Sandgropers	Wendy Mackinnon
Durack	Mathew Samuel	Shepparton	Jane A Hermiston
East Gippsland	Mary Saunders	Shepparton	Cheryl L Prideaux
East Gippsland	Harry Mitchelson	Shepparton	Don Payne
Eastern Shore	Brendon Clarke Bowes	Shepparton	Janice Hainsworth
Five-O-Five	Mark Rushby	South Coast Speakers	Stephen D Cairnduff
Five-O-Five	Donna Cooper	South Melbourne	Joanne Horvat
Footscray Skyline	Monica Chuter	Stirling	Julian Gibbons
Footscray Skyline	Pachayar	Stirling	Samuel A Brown Mr
Footscray Skyline	Kittipongtavorn	Tea Tree Gully	Amy M Hein
Ford Australia	Prakash Babu	Tea Tree Gully	Paul Coulson
GHD	Craig Short	Technospeakers	Patricia M Smith
Glen Waverley	Jiswav Kussowski	Technospeakers	Rosa M Martinez
Glen Waverley	Cornelia Buchwald	Technospeakers	Stephen Kirkpatrick
Happy Hour	Rob Horsburgh	Technospeakers	Wing S Chang
Infosys Melbourne	Grace S Hamilton	Technospeakers	Michael Y Wang
Kingston Communicators	Nivedita Saraswati-Turner	The Babylons	Janet Baker
Launceston	Evan Ollerenshaw	The Dynamos	Vivienne Russell
Margaret River	Eloise Vallee	The Oaks	Helen M Ring
Margaret River	Bryan Wood	The Oaks	Diane F Hocking
Melbourne	Imogen Lewis	Valewood	Arthur Martin
Melbourne	Raymond Bolger	Valewood	Dushan Haputanthrige
Melbourne	Graeme McClure	Valewood	Shawn L Barnett
Melbourne	David D'souza	Werribee	Russell Sandiford
Melbourne	Joseph	Werribee	Timothy Saultry
Melbourne	Jegatheeswaran	Whitehorse	Willy Robinson
Melbourne	James Shattock	Whitehorse	Sandra Hardiman
Melbourne	Kylie Welsh	Williamstown	Yun M Baik
Naracoorte	Sally Arnold	Williamstown	Donna Stevenson
			Quentin Tibballs

Judy Murphy DTM
New Member Co-ordinator

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More Lights ...

These timing lights are fully portable with high intensity LED lights; a buzzer; and operator's indicator lights on the reverse (with flashing red to warn operator to turn off). As used in the District 73 Humorous Speech final 2005/06.

They operate on 3V (lights) and 9V (buzzer).

Measurements: 16cm (W) x 11cm (D) x 6cm (H).

Lightweight.

Lights also include a timing chart for speeches and contests.

Only \$50.00 (plus P+H). Contact Geoff Morrissey by [email](#) or on **0408 589 949**



How to ...

Editor:

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Assistant Editor:

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andrewbreeden@hotmail.com

Contributions

How to Contribute: If you have a story or idea, send an email to Geoff or Andrew. Stories should be in the body of the email or in Microsoft Word format. Documents should not contain images or branding of any kind. If you have images to go with your story, please ensure that they are JPG or GIF format and small enough (file size) to easily download.

Letters to the Editor: Email your letters to Geoff or Andrew with the subject **"Your Say"**. Only letters which meet legal and editorial standards will be published. All published letters must include the author's name (may be withheld on request), club name and number. Letters may be edited for length, clarity and must be no longer than 250 words. Where a number of letters are submitted on the same topic, the Editor may publish a representative sample, rather than all letters received.

Deadlines: The aim is to publish monthly by the 15th day. Articles can be submitted up to the 1st of each month and will be published if time and space permits. It is recommended that advertising of events be done in the month prior to the event – so, try to give at least 6 weeks for publication.

Back Issues: Back issues will remain on the District Web site www.d73toastmasters.org.au.

Apology:

In the last edition of Southern Cross, a report on the Annual Convention by Paul Dixon included some errors relating to the Humorous Speech Contest.

The winner of that contest was Brigitte Billimoria. Her speech was not about the trials and tribulations of being a domestic goddess. It was in fact about cosmetic surgery, and why I don't need it, hence the title **"Extreme make believe"**.

We apologise for the error and the misspelling of Brigitte's name. A tight deadline resulted in the article not being properly proof read by the Editor.